

**Wanaque Recreation in conjunction with
Ringwood Recreation invite you to join:
LAKELAND JR. WRESTLING**



**Wrestling sign-ups for the 2025-26 Season
Join our wrestling family!**

When:

September 1 – December 15

Where:

Online Only:

www.wanaqueborough.com/recreation

Go to the Wanaque Recreation Department Page

And follow online sports registration sign-up link

<https://tshq.bluesombrero.com/wanaquenj>

Contact:

If you have any questions:

Email: lakelandjrwrestling@gmail.com

Follow us on Facebook: Lakeland Jr Wrestling

Who:

Wanaque & Ringwood Students welcome

- **Boys & Girls are welcome**
- No experience necessary!

Grades:

2nd – 8th Grade

Wrestlers may not be 15 years old prior to Jan 1

and must be 7 years old prior to Jan 1

Registration Fees:

Ringwood/Wanaque/Haskell Residents: \$160.00

\$20.00 additional late fee after October 31

Season Generally Runs:

Advanced Oct-March / Novice Dec-Feb

